



#20 SEVEN DAY CLEANSING KIT

Research has proven repeatedly that reducing an organism's caloric intake by 30% can increase significantly life span, and reduce the onset and severity of chronic and genetically-predisposed diseases. The Sonne's 7 Day Cleansing Program is designed to reduce your food intake, while providing the vitamins, minerals, and other nutrients that your body needs. This kit can be used as a Daily Maintenance Program to derive the benefits of nutritional supplementation and calorie restriction. Or, it can be used in a 7 Day Cleansing Program, as an integrated system of self-purification that combines the benefits of fasting, fibrous intestinal cleansers, nutritional supplements and daily colon irrigation. It is a complete program of detoxification that helps rejuvenate every organ, gland, tissue and cell in the body.* You will be amazed at the beneficial results of this program, and you can be assured of the best products Nature has to offer!



Picture shows Basic Kit.

Over 50 years of experience with fasts and cleansing have convinced us that each year the colon of the average American becomes more clogged and distorted. We firmly believe that unless **all** fecal matter is removed, no amount of drugs, operations, vitamins or food supplements (including ours) will rid the body of all chronic ailments. Therefore, the most important procedure directed toward regaining **your health** is the **complete** and **thorough** cleansing of the colon, no matter what or how long it takes. We recommend that our customers first clean out the colon through the use of an enema, colonic, or our #9A Herbal Supplement before starting the use of our nutritional products. This will afford better nutrient absorption to achieve better results.

Important Note: Victor Earl Irons (Sonne's Founder) was the very first to introduce a colon cleansing program to the public (in the 1930's), even before it became popular. Great care and expense have gone into maintaining the "Life" in each product, where applicable. When you carry Sonne's products, you are selling the original and the best!

The basic kit contains all five items necessary for the Sonne's 7 Day Cleansing Program or the Daily Maintenance Program in a special package with instructions. Also enclosed is a sample bottle of #9A Herbal Supplements. You may choose to purchase our #18 Whole Beet Plant Juice Tablets separately to complement this program, as they provide nutrients to support normal blood and liver functions.*

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Recommended Dosage: A 7 day fast should be a **must** for everyone 2 to 4 times per year. Moderate fasting should be routine for everyone. As daily maintenance, take each product at least once daily as directed on the respective bottles.

Directions: For complete instructions, see "The Sonne's 7 Day Cleansing Program Instructions." Briefly, consume no food for 7 days. Upon rising the first day, take a Cleansing Drink consisting of #7 Detoxificant and #9 Intestinal Cleanser in juice. One hour and a half later, take the food supplements: #10 GreenLife[®], #3 Wheat Germ Oil, #17 Natural Source Vitamin C, and #18 Whole Beet Plant Juice Tablets (with the Deluxe Kit). Alternate taking the drink and pills 1.5 hours apart, throughout the day. Take 2 tablets of #9A Herbal Supplement with the last Cleansing Drink before retiring. For best results, use daily colonic irrigation during the cleanse.

Contents: This product is available in two (2) types:

The Basic Kit includes #3 Wheat Germ Oil, #7 Detoxificant, #9 Intestinal Cleanser, #9A Herbal Supplement (sample size), #10 GreenLife[®], and #17 Natural Source Vitamin C.

The Deluxe Kit contains the above 6 items, plus #18 Whole Beet Plant Juice Tablets.

Literature: "The Sonne's 7 Day Cleansing Program Instructions," "7 Day Cleansing Program Flyer", "Reactions" and "Rebuilding Program"

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.